

FRESH AIR

Cystic Fibrosis Association of North Dakota

NOT AFFILIATED WITH CYSTIC FIBROSIS FOUNDATION OR THEIR NORTH DAKOTA CHAPTER

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NO. 6

Bismarck-Mandan Golf Classic Sizzles

The 24th Annual Golf Classic was held on June 2nd and it will be remembered as probably the warmest fundraising event ever held by CFA. Those of us who have attended the CFA Golf Classics in the past can recall several that are memorable.

Some may remember three or four years ago at the Bismarck/Mandan event when it rained and was so cold and windy that some golfers mentioned that they saw ice crystals on their golf cart windshields. There was the year early in the life of the tournament when on a cloudy, humid afternoon, lightning struck a utility pole in the middle of the golf course. There was also the year at the Fargo/Moorhead Golf Classic when, though it was not raining, there was so much lightning in the area, we had to cancel the event and draw numbers out of a hat for 1st, 2nd, 3rd places, etc.

The memories about this year's Bismarck/Mandan event will center around temperatures of 98 degrees Fahrenheit and a 25 mile-per-hour wind. With slightly more than 100 golfers, they consumed more than 350 bottles of water. That didn't include other beverages. But, when the going gets tough, the tough go golfing, or something like that.

The important thing to remember though, is that the event raised money to fund CFA's programs that fight cystic fibrosis. Those attending not only had a great time golfing, they also had the satisfaction of helping young people who could use their helping hand in the daily battle with CF.

Our volunteers again showed their caring spirit in helping with the prize games on the course, in preparing and serving the lunch and dinner, and in set-up and clean-up after the tournament. Our thanks to them for a job well done.

Our thanks goes also to the sponsors and golfers without whom we simply would not have an event. For 24 years you have faithfully remembered and responded to the plight of your neighbors and friends who have to deal with cystic fibrosis. We cannot overstate our appreciation for your help.

We are thankful for Prairie West Golf Course for once again providing such a great facility, a beautiful course, and top notch service.

Did you miss out? You still have a chance to golf with us this summer! Our next tournament is at the Meadows in Moorhead on August 4. You can register online at <https://golf4cffm.eventbrite.com> or you can download a registration form from our website CFANorthDakota.com. We look forward to seeing you!

Coming Events

- Fargo/Moorhead Golf Classic:
August 4,
The Meadows, Moorhead
- Sonia Balliet-Heidenreich Memorial
Walk/Run
October 7
Brunsdale Park, Fargo
- Holiday Homes of
Hope
November 11-12
Fargo
- Turkey Trot
November 23
Bismarck

When you support these events,
YOU help our friends with CF to
#BreatheEasier!

Thank you!

Thank you!

Many thanks to
our generous
sponsors!



Doris Hartman
Frank and Gail Rothschilder
Pat Sillerud
Mark and Mary Brakel
Schlomer Construction
Missouri Basin Materials

A Day in the Life of CFA Ambassador, Lily Stroup



Lily Stroup, the outgoing CFA Ambassador for 2016-17, had an opportunity to meet with Governor Burgum and the First Lady. It looks as if they all enjoyed it.

Mother's Day Tea



You may have gotten an invitation to our yearly Mother's Day Tea from a friend or family member last month. This is a "virtual" tea, so there is no need to dress to attend, or RSVP. What it IS, is a chance for you to support our mission here at CFA. We have already received many generous responses from you, our precious friends.

If you did not receive an invite but still want to support our CF community, you can:

donate online:
CFANorthDakota.com

mail a donation:
CFA
921 S. 9th St. #115
Bismarck, ND
*Write Mother's Day Tea
on the comment line.*

Money raised through these campaigns go right back into our CF community, by helping pay for expensive but life-saving medications, paying for travel costs for families seeking out medical care far from home, and for scholarships for our young people. Thank you for your caring!

GO GREEN! GO PAPERLESS!



The CFA newsletter is also posted on our website! If you would like to stop receiving a paper copy in the mail, please let us know by sending us an email. This will save us money so that more can go to other program services.

Donations Directed Toward Ongoing Need

Our thanks are again extended to area friends for the ongoing giving taking place that help us to provide the programs serving our young members with cystic fibrosis. In each occasion for giving, it all helps us to continue the programs that serve our members with cystic fibrosis throughout the entire year.

We receive thanks from members for these programs, and it is our turn to pass along that appreciation. Donations to CFA through a variety of means help us to provide this service to our members.

Among the donations received recently was a \$1250 donation from the **Kupper Chevrolet in Mandan, ND**, who continues their annual giving to CFA. CFA received a number of donations through its **Mother's Day Tea** promotion. Some of those donations included \$100 from **Anthony & Celia Vetter**, \$100 from **Joe & Tina Bichler**, \$100 from **Patrick & Carol Hawkinson**, \$100 from **Leslie & Kathryn Wolf**, \$100 from **Kyle Haustveit**, and \$100 from **Tim Braun**.

In addition, a donation was received through the **3M Corporation employee giving program**, and the **St. Jude's Knights of Columbus** in Thompson, ND, donated \$500 as part of its **Month of Money** raffle.

Please **#StartWithaSmile**. When you shop at Amazon, consider starting at smile.amazon.com/ch/45-0355886 and a portion of your purchase will be donated to CFA. It does not cost you any additional money and it helps our friends with CF to **#BreatheEasier**. Thank you!

We appreciate all of you for each and every gift. You are supporting the programs that help CFA help our neighbors with cystic fibrosis.

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Foundations, service clubs, corporations, cooperatives, local businesses, public employees, schools, families and individuals recognize the importance of helping young people with cystic fibrosis. Your creative methods of remembering young people with cystic fibrosis are much appreciated. We will continue to help them - with your assistance. Thank you to all!



Don't forget that donations may also be made at
www.cfanorthdakota.com

Memorials

Giving memorials and honorariums are special ways of remembering and honoring someone who has made a difference in your life. The idea of helping someone else by honoring these individuals extends the positive impact of their lives in our world. Our thanks to those who remember...and to those they remembered. Thank you to all who donated!

In Memory

In Memory of his wife, Sylvia, and daughter, Jan

Dean Fatland

In Memory of Michael Massie

Jeff Massie

In Memory of Robert Rumble

Mitchell Rumble

Kathy Rumble

Audrey Landauer

In Memory of Jamie Haupt

L. E. Berger Elementary

The following people gave memorial donations in memory of Shawna Gackle:

Judi Anderson

Kyle Wavra

Erhart Hehr

Duane & Jeanne Morrison

Dave & Carol Gackle

Brent & Renee Miedema

Thomas & Janelle Omara

Phyllis Bethke

John & Polly Snyder

Blake & Kathleen VanderVorst

NDMSA

Leann Pollert

Blaine Nitsche

Phyllis Berntson

Randy & Colleen Klusmann

Harry & Burnette Schlenker

Susan Lindgren

Calvin & Cheryl Schlenker

Lonnie & Connie Fregien

John & Gina Jones

Robert & Mary Maier

Harlan & Rhonda Bloom

Frank & Pat Sieg

Arlyce Klein

Lindsay Valenta

Mark & Twila Zidon

Mildred Vonschell

In Honor

In Honor of Jennifer Rothschilder

Michelle Wiedrich

In Honor of Max Freed

Richard & Lorraine Bingeman

In Honor of Ben Lien

Dwayne & Diane Vanstrom

Cystic Fibrosis Research News

These short synopses of stories that have appeared in recent months regarding cystic fibrosis and research that is being done in many varying areas, also appear on CFA's web page www.cfanorthdakota.com. To read the full article, go to CFA's web page, find 'News & Events' and then 'Fresh Air Newsletter.' Simply 'Click' on the title of the article, and you will be redirected to the full story.

Orkambi Improves Lung Function of Children with Cystic Fibrosis, Update of Trial Results Indicates – 06-13-2017 – by Maria Verissimo MSc – Vertex Pharmaceuticals' Orkambi significantly improved the lung function of children with cystic fibrosis, compared with a placebo, according to updated Phase 3 clinical trial results.



Award for Disease-Fighting "Seaweed Drug" –

06-06-2017 – Cardiff Univ. – The Advanced Therapies Group, within the School of Dentistry, is involved in using

our knowledge of the molecular and cellular control of human disease processes to inform the design, development and testing of novel polymer therapeutics in the prevention and treatment of difficult to treat, often life-threatening infections.

Ultra-tough Antibiotic to Fight Superbugs – 05-30-2017 – BBC – US scientists have re-engineered a vital antibiotic in a bid to wipe out one of the world's most threatening superbugs. Their new version of vancomycin is designed to be ultra-tough and appears to be a thousand times more potent than the old drug, PNSA journal reports.

FDA Expands Approved Use of Kalydeco to Treat Additional Mutations of Cystic Fibrosis – 05-18-2017 – by US Food and Drug Administration – The US Food and Drug Administration (FDA) expanded the approved use of Kalydeco (ivacaftor) for treating cystic fibrosis. The approval triples the number of rare gene mutations that the drug can now treat, expanding the indication from the treatment of 10 mutations, to 33.

Research Uncovers Life-Saving Benefits in Battle Against Viruses – 04/28/2017 – by University of Surrey – At-risk patients, such as those with HIV or transplant recipients, could benefit from potentially life-saving study carried out by a University of Surrey led group of international researchers.

Tick Protein Helps Antibiotics Combat MRSA Super Bug – 04-27-2017 – by Yale University – A protein derived from ticks enhances the effectiveness of antibiotic treatment for methicillin-resistant staphylococcus aureus, or MRSA, according to a Yale-led study.

Synthetic Mucus Helps Fight Antibiotic Resistance – 04-27-2017 – by Kenny Walter – Digital Reporter-@RandDMagazine – Researchers have discovered that synthetic mucus may open up new roads in the fight against antibiotic resistance.

New Mechanism to Fight Multi-Resistant Bacteria Revealed – 04-26-2017 – by Instituto Gulbenkian De Ciencia – In recent years, scientists, clinicians and pharmaceutical companies have been struggling to find new antibiotics or alternative strategies against multi-drug resistant bacteria that represent nowadays a serious health problem.

University of Mary Student Discovers New Bacteria-Killing Virus – 04-22-2017 – by Blair Emerson – Bismarck Tribune – "Old Ben" was the last hope for Luke Keller's biology class at the University of Mary. Keller, a 21-year-old senior, discovered a bacteriophage species through a year-long program being offered at the University of Mary in Bismarck, where students study bacteriophages, or phages, in local soil samples.



Sonia Balliet-Heidenreich Walk/Run

Summer is flying by! It is time to start thinking about the first of our fall events. One of our favorites is the family-friendly Sonia Balliet-Heidenreich Memorial Walk/Run.

This year's event will be held Saturday, October 7, at Brunsdale Park in Fargo.

Registration is available at: <https://www.raceentry.com/race-reviews/sonia-balliet-heidenreich-memorial-5k-runwalk>. Each participant will get a t-shirt and a \$3 Happy Joes Buffet after the run.

Come join us. Help us to remember Sonia; and help us to pay for the programs that help so many with cystic fibrosis.



Sonia Balliet-Heidenreich Walk/Run • October 7, 2017 • Brunsdale Park in Fargo



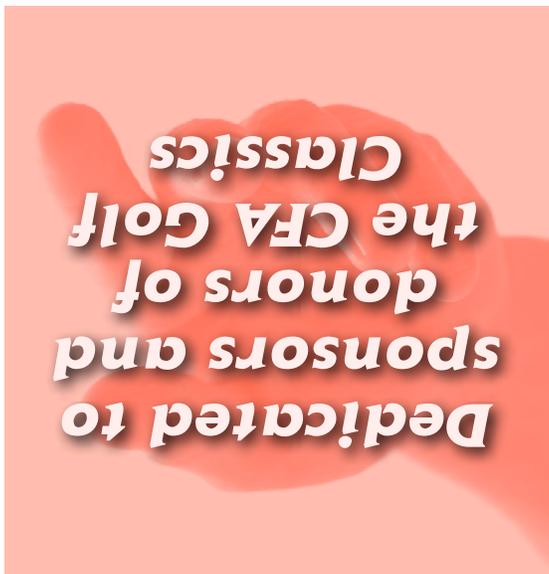
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July	June	
7/4 Jordan Peterson	6/14 Terry Docter	Rexella Eviit
7/14 Benjamin Lien	6/21 Preston Helbing	Maria Wharam
7/16 Jaken Kasper	6/24 Jaken Kasper	6/25 Rexella Eviit

Birthdays

